

Meal Prices

Student Lunch.....\$2.00
 Milk only.....50¢
 Student Breakfast...\$1.25
 Adult Lunch.....\$3.00
 Adult Breakfast.....\$1.50



All Meals include a choice of Skim or 1% White Milk or 1/2 % Chocolate Milk

G. H. Robertson School

May 2009



Also available daily for 85¢ are snacks which meet the CT Healthy Food Guidelines

Bottled water is available for 75¢
 Fresh Fruit is 50¢



Friday, May 1

Choose one

1. Stuffed Crust Pizza
2. Corn Dog
3. Yogurt Plate

Choose up to Three

- Fresh Tossed Salad
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice



Monday, May 4

Choose one

1. Pepperoni Pizzas
2. Hotdog in a Roll
3. Yogurt Plate

Choose up to Three

- Green Beans
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Tuesday, May 5

Choose one

1. Pancakes with Sausage Links
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

- Hash Brown Potato
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Wednesday, May 6

Lucky Plate Day!!

Choose one

1. Crispy Baked Chicken Mashed Potato & Gravy
2. Hotdog in a Roll
3. Yogurt Plate

Choose up to Three

- Mixed Vegetables
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Thursday, May 7

Choose one

1. Nacho Grande
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

- Corn Niblets
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Friday, May 8

Choose one

1. Stuffed Crust Pizza
2. Corn Dog
3. Yogurt Plate

Choose up to Three

- Fresh Tossed Salad
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Monday, May 11

Choose one

1. Popcorn Chicken Potato Wedges
2. Hotdog in a Roll
3. Yogurt Plate

Choose up to Three

- Corn Niblets
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Tuesday, May 12

Choose one

- 1 Pasta & Garlic Bread with Meat Sauce
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

- Green Beans
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Wednesday, May 13

Lucky Plate Day!!

Choose one

1. Mozzarella Sticks with Sauce
2. Hotdog in a Roll
3. Yogurt Plate

Choose up to Three

- Potato Wedges
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Thursday, May 14

Choose one

1. Mexican Taco with Fluffy Rice
2. Cheeseburger
3. Yogurt Plate

Choose up to Three

- Corn Niblets
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice


Friday, May 15

Choose one

1. Stuffed Crust Pizza
2. Corn Dog
3. Yogurt Plate

Choose up to Three

- Fresh Tossed Salad
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

<p>Monday, May 18</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Nuggets with Macaroni & Cheese 2. Hotdog in a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Carrot Coins Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Tuesday, May 19</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks with Sausage Links 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, May 20</p> <p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Grilled Cheese Sandwich 2. Hot Dog in a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Tomato Soup Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, May 21</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Sloppy Joe on a Bun 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Potato Puffs Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, May 22</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Corn Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
<p>Monday, May 25</p> <p>No School</p> <p>Memorial Day</p> 	<p>Tuesday, May 26</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Pattie in a Bun 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, May 27</p> <p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Turkey Wrap 2. Hot Dog in a Roll 3. Yogurt Plate <p><i>Cookie served with all meals</i></p> <p><u>Choose up to Three</u></p> <p>Potato Puffs Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, May 28</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Nacho Grande 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, May 29</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Corn Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>

Breakfast To Go Available at GHR

Did you miss breakfast today?

Does your bus arrive too late for you to eat breakfast in the cafeteria?

Do you know that breakfast is served every day at GHR?

And is available from 8:15 to 8:45

If your bus is late and you do not have time to eat your breakfast in the cafeteria you can stop by the kitchen when you get off the bus, bag a breakfast and take it back to your classroom to eat!

Mondays: Pancakes, **Tuesdays:** Bagel & Cream Cheese

Wednesdays: Blueberry or Corn Muffin

Thursdays: English Muffin, **Fridays:** Cinnamon Roll

Cereal is available every day

All choices come with Fruit, Orange Juice and Milk

Cost: \$1.25*

* Students approved for FREE lunch are automatically eligible for FREE Breakfast. Reduced price Breakfast is 20¢.

Come join us for Breakfast!