

Meal Prices

Student Lunch.....\$2.00
 Milk only.....50¢
 Student Breakfast....\$1.25
 Adult Lunch.....\$3.50
 Adult Breakfast.....\$1.50

G. H. Robertson School

March, 2010

Also available daily for 85¢ are snacks which meet the CT Healthy Food Guidelines

Bottled (16 ounce) water is available for 85¢
 Fresh Fruit is 50¢



All Meals include a choice of Skim or 1% White Milk or 1/2 % Chocolate Milk



Monday, March 1	Tuesday, March 2	Wednesday, March 3	Thursday, March 4	Friday, March 5
<p>New! <u>Choose one</u></p> <ol style="list-style-type: none"> 1. Fishamajig Sandwich 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Baked Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pancakes & Sausage 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Crispy Baked Chicken Mashed Potatoes & Gravy 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Mixed Vegetables Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Turkey & Cheese Grinder with chips 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Vegetable Sticks Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
<p>New! <u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Tenders Regular OR Spicy! 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Green Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks with Sausage Links 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Mozzarella Sticks with Tomato Sauce 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Potato Wedges Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Nacho Grande 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Corn Niblets Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Pattie on a Roll 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Baked Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pepperoni Pizzata 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Potato Wedges Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Ham & Cheese Bagel 2. Hot Dog on a Roll 3. Yogurt Plate <p> St. Patty's Day</p> <p><u>Choose up to Three</u> Shamrock Green Jello Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>New! <u>Choose one</u></p> <ol style="list-style-type: none"> 1. BBQ Rib on a Roll 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u> Oven Baked Fries Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u> Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>

<p>Monday, March 22</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Nuggets 2. Macaroni & Cheese 3. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Carrot Coins Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Tuesday, March 23</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Baked Potato Bar 2. Assorted Toppings 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Choice of Vegetable Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, March 24</p> <p>Lucky Plate Day!!</p> <p>New! <u>Choose one</u></p> <ol style="list-style-type: none"> 1. Corn Dog Bites 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Potato Puffs Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, March 25</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, March 26</p> <p>No School</p> <p>Teachers' Meetings</p>
<p>Monday, March 29</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Soft Chicken Tacos 2. Fluffy Rice 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Corn Niblets Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Tuesday, March 30</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Bread Pizza 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Tossed Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, March 31</p> <p>Lucky Plate Day!!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Sloppy Joe Sandwich 2. Hot Dog on a Roll 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Potato Wedges Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, April 1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Choice of Vegetable Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, April 2</p> <p>No School</p> <p>Good Friday</p>

Celebrate National School Breakfast Week with us!
March 8 - 12, 2010

<p>Monday, March 8</p> <p>Pancakes Sausage Links -or- Assorted Cereal with Graham or Animal Crackers</p> <p>Orange Smilies</p> <p>Assorted Cupped Fruit 100% Fruit Juice Choice of Milk</p>	<p>Tuesday, March 9</p> <p>Bagel with cream cheese, butter, or jelly -or- Assorted Cereal with Graham or Animal Crackers</p> <p>Fresh Honeydew Melon</p> <p>Assorted Cupped Fruit 100% Fruit Juice Choice of Milk</p>	<p>Wednesday, March 10</p> <p>Choice of Corn or Blueberry Muffin -or- Assorted Cereal with Graham or Animal Crackers</p> <p>Red & Green Grapes</p> <p>Assorted Cupped Fruit 100% Fruit Juice Choice of Milk</p>	<p>Thursday, March 11</p> <p>Toasted English Muffin</p> <p>-or- Assorted Cereal with Graham or Animal Crackers</p> <p>Fresh Banana</p> <p>Assorted Cupped Fruit 100% Fruit Juice Choice of Milk</p>	<p>Friday, March 12</p> <p>Freshly Baked Cinnamon Roll -or- Assorted Cereal with Graham or Animal Crackers</p> <p>Strawberry Cup</p> <p>Assorted Cupped Fruit 100% Fruit Juice Choice of Milk</p>
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Also Available Daily: Assorted "Grab & Go" Items, including a whole grain cinnamon bun or krueller

Games!
Contests!

Prizes!

Puzzles!

School Breakfast



School Breakfast - Ready, Set, Go!

National School Breakfast Week
March 8-12, 2010

Give Aways!