

# Coventry Grammar School

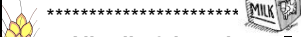
## February, 2012



### Meal Prices

Student Lunch.....\$2.10  
 Milk only.....50¢  
 Student Breakfast.....\$1.25  
 Adult Lunch.....\$3.50  
 Adult Breakfast.....\$2.00

All Meals include a choice of Skim 1/2% or 1% White or Flavored Milk



All rolls & breads are whole wheat or whole grain for better health!

Also available for 85¢ are snacks & ice cream which meet the CT Healthy Food Guidelines

Bottled water is available for 85¢  
 Fresh Fruit is 50¢



### A Note from the School Food Service Office

Parents - Have you logged on to "My School Account" where you can view your student's lunch balance and make payments: Check the Food Service Page on the district website for more information and instructions.

<http://coventryps.org/admin/services/food.html>

Wednesday, February 1

#### Choose one

1. Pancakes with Crispy Bacon
2. Corn Dog
3. Yogurt Plate

#### Choose up to Three

- Hash Brown Potato
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Thursday, February 2

#### Choose one

1. Grilled Cheese Sandwich
2. Cheeseburger
3. Yogurt Plate

#### Ground Hog Day!

#### Choose up to Three

- Warm Tomato Soup
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Friday, February 3

#### Choose one

1. Stuffed Crust Cheese or Pepperoni Pizza
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Fresh Veggie Sticks
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Monday, February 6

#### Choose one

1. Baked Chicken Nuggets Seasoned Noodles
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Fresh Broccoli
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Tuesday, February 7

#### Choose one

1. Mozzarella Sticks with Sauce
2. Cheeseburger
3. Yogurt Plate

#### Choose up to Three

- Potato Wedges
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Wednesday, February 8

#### Choose one

1. French Toast Sticks with Sausage Links
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Hash Brown Potato
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Thursday, February 9

#### Choose one

1. Seasoned Beef Tips over Noodles
2. Cheeseburger
3. Yogurt Plate

#### Choose up to Three

- Green Beans
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Friday, February 10

#### Choose one

1. Stuffed Crust Cheese or Pepperoni Pizza
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Fresh Veggie Sticks
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Monday, February 13

#### Choose one

1. Baked Popcorn Chicken & Fluffy Rice
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Green Beans
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Tuesday, February 14

### ♥ Valentines Day ♥

#### Choose one

1. Happy Ham Grinder
2. Cheeseburger
3. Yogurt Plate

#### Red Jello!

#### Choose up to Three

- Baked Potato Puffs
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Wednesday, February 15

#### Choose one

1. Waffles & Sausage
2. Corn Dog
3. Yogurt Plate

#### Choose up to Three

- Hash Brown Potato
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Thursday, February 16

#### Choose one

1. Cheese Filled Bread Stick & Sauce
2. Cheeseburger
3. Yogurt Plate

#### Choose up to Three

- Fresh Green Beans
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Friday, February 17

#### Choose one


1. Stuffed Crust Cheese or Pepperoni Pizza
2. Hot Dog on a Roll
3. Yogurt Plate

#### Choose up to Three

- Fresh Veggie Sticks
- Fresh Baby Carrots
- Fresh Fruit
- Assorted Cupped Fruit
- 100% Fruit Juice

Yogurt Plates on Tuesday & Thursday include items that may contain nuts.



<p>Monday, February 20</p>  <p><b>School will be closed today in honor of Presidents Day</b></p>	<p>Tuesday, February 21</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Baked Chicken Patty on Whole Wheat Roll</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, February 22</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Pancakes &amp; Bacon</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, February 23</p> <p><b>Mr. Gale's Favorite!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Sloppy Joe on a Roll</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Potato Puffs Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, February 24</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Stuffed Crust Cheese or Pepperoni Pizza</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Veggie Sticks Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
---	--	--	--	--

<p>Monday, February 27</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Baked Chicken Nuggets Seasoned Noodles</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Broccoli Fresh Baby Carrots Fresh Orange Smiles Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Tuesday, February 28</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Grilled Cheese Sandwich</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Warm Tomato Soup Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Wednesday, February 29</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>French Toast Sticks with Sausage Links</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Hash Brown Potato Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Thursday, March 1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Stuffed Crust Pizza</li> <li>Cheeseburger</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Fresh Garden Salad Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>	<p>Friday, March 2</p> <p><b>Dr Seuss' Birthday!</b></p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> <li>Green Eggs &amp; Ham</li> <li>Hot Dog on a Roll</li> <li>Yogurt Plate</li> </ol> <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Fresh Baby Carrots Fresh Fruit Assorted Cupped Fruit 100% Fruit Juice</p>
--	---	--	--	--

