

Do you enjoy walking for exercise, but don't have sidewalks in your neighborhood? Do you "wish" there was a place you could safely walk? Or do you need a place to walk during inclement weather?

Come join us for our

W.I.S.H. Program

(Walking in Schools for Health)



Let's get our community members moving... outside AND inside our schools. Oxygenated brains think more clearly!

Please come to the CNH or CHS Main Office to sign in.

Program Times*

Coventry High School:

Daily from 6 - 7 a.m. and 2:30 - 3:30 p.m.; and
Tues, Wed., & Thurs. from 7:45 - 8:45 a.m. and
9:10 - 10:10 a.m.

Capt. Nathan Hale School: Daily from 6 - 7 a.m. and 2:30 - 3:30 p.m.

* Program runs during the school year only. Closed for winter, spring and summer breaks.*