

Coventry Board of Education

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PRESS RELEASE

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Family and Consumer Science Students Bake-It-Forward!

Throughout the 2010-2011 school year Family and Consumer Science (FCS) students in Coventry have participated in an ongoing **Bake-It-Forward** project. **Bake-It-Forward** is a mini grant written by Ms. Corine Cagianello-Jones and Mr. Christopher Jones, both Family and Consumer Science teachers in Coventry. **Bake-It-Forward** is a concept to promote happiness and joy to people. The **Bake-It-Forward** mission is to encourage individuals to bake bread, cookies, muffins – anything – and then give them to someone. Friends, neighbors, colleagues, teachers, relatives, coaches – you decide. The main goal of **Bake-It-Forward** is to nourish individuals, both physically and emotionally.



During the winter, middle school students continued a tradition of treating residents of Orchard Hill Estates in Coventry to homemade baked goods. Baskets of muffins and decorated cookies, prepared during FCS classes, were given to the residents. The treats were enjoyed during the course of a festive social hour which bridged the generations. Eighth grade students, Amanda Vousden on guitar and Tanner Wilson on flute, enthusiastically performed live music as others joined in song and caroling. One student, Jackie Griswold, commented that she felt a sense of pride when an Orchard Hill resident shared with her, "This has been the best day of my entire year!" Eighth grader Jennifer Roberts said, "I loved the look on their faces when we walked in to greet them!" Each student also presented Orchard Hill residents with brightly colored **Bake-It-Forward** tags for use in the future.

More recently, FCS students assembled red bags filled with banana bread, raspberry crumb bars and oatmeal cookies. Each student selected someone special to be the recipient of their **Bake-It-Forward** surprise. Maybe it was you! Many students have shared how happy they feel when helping put a smile on someone's face!

For additional information, please contact Corine Cagianello-Jones at Capt. Nathan Hale Middle School at 860-742-7334 x444 or ccagianello-jones@coventryct.org.